



Monthly Check-Up

New this month!

Only at MinuteClinic, Monitoring Made Easy helps those with diabetes, high blood pressure, high cholesterol and asthma stay in control.* Get routine lab tests, instant results and education 7 days a week, no appointment necessary. All to help patients feel their best.



Introducing Monitoring Made Easy™

Diabetes
High Blood Pressure
High Cholesterol
Asthma

[Get details >](#)

MinuteClinic HealthMinute

Pink eye, demystified

Pink eye can be irritating and unsightly. Want to know why — and how — to treat conjunctivitis?

This pink eye primer delivers the details.

[Read more >](#)

5 Ways to prevent pink eye

1. Change pillowcases frequently
2. Properly handle and clean contact lenses
3. Keep hands away from the eye
4. Replace eye cosmetics regularly
5. Wash hands often

What's a normal adult body mass index (BMI)?

- 18.5 or less
- 18.5–24.9
- 24.9–29.9

[Find out >](#)



How's your weight?

Look and feel your best this spring!

A MinuteClinic weight evaluation¹ can help identify obesity, a serious health risk. Practitioners will then make recommendations to shed unwanted pounds.

As a bonus, weight management can help prevent or delay the effects of heart disease, diabetes and strokes.

[Learn more >](#)



*Services may not be available in some states. [Click here](#) for details.

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